

THE GRID

**P.O. Box 709
(104 Dewitt Ave., East)
Mattoon, Illinois 61938**

Phone: 217/235-0341
or **Toll-Free:**
1-888-661-CMEC (2632)

Office hours:
Monday-Friday
7:30a.m. - 4:30p.m.

Chairman

Kent Metzger.....Gays

Vice Chairman

Bill VoylesSullivan

Secretary

Andrew FearnCharleston

Treasurer

Thomas Sherman ...Humboldt

Directors

Jeffery HudsonCharleston

Mike Love..... Mattoon

Colt Roderick Trilla

President/CEO

Amy Borntreger

**To Report an Outage
call #888-661-2632**

**Send your current email
to info@cmec.coop
for a chance to win a
\$25 bill credit**



Your Touchstone Energy® Cooperative



CMEC Scholarships

One of our guiding cooperative principles is Education, Training and Information. This is one of the reasons we provide annual scholarships to area students. **Melba Hickman** We will be awarding six \$500 scholarships in 2021 to assist members or dependents with their college education.

For more information, visit our website (cmec.coop), email us (info@cmec.coop) or call 217-235-0341. This information has been shared with local area high school guidance counselors.

Applications must be received at CMEC no later than April 30, 2021.

Special Thanks to



Our Linemen who assisted a Louisiana Co-op with restoration efforts in the Gulf.

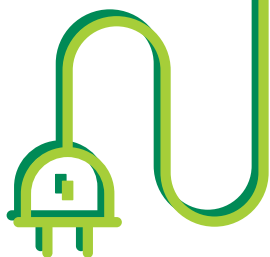
Mitchell, Jake, Charlie, Marcus, Brock, Bob S, John, Jim G, Eric and Drew

Energy Efficiency Tip of the Month

Replace standard power strips with advanced power strips to save energy. Advanced power strips look like ordinary power strips, but they have built-in features that are designed to reduce the amount of energy used by standby electronics that consume energy even when they're not in use (also known as phantom load).

The National Renewable Energy Laboratory (NREL) estimates that the average home loses \$200 annually to energy wasted by phantom load.

Source:
www.nrel.gov



CMEC is Giving You Money Back!

Electric cooperatives are not-for-profit and member-owned. Members like you contribute to capital credits through monthly electric bill payments. Your Board of Directors review the cooperative's financial condition each year and determine excess revenue, called margins, to be returned to members in the form of capital credits. On Dec. 9, 2020, CMEC retired capital credits for the year 1983. Any person or entity



who has not received payment and believes they were a member of our cooperative at any time during 1983 should contact our office by calling 217-235-0341 or emailing info@cmeccoop.org. Our co-op operates on accountability, integrity, innovation and concern for community. This demonstrates our commitment to you.

Find Your Name and Win \$25

Find your name hidden inside this issue of The Grid and receive a **\$25 bill credit**. Credit must be claimed by the end of each month in which this newsletter is published.

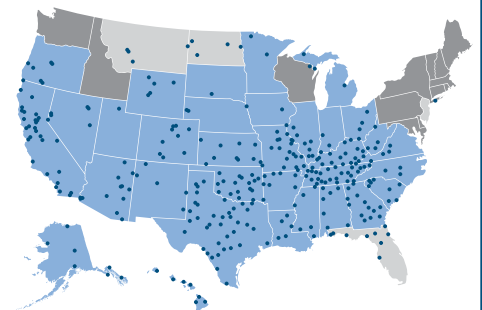


AirMedCare NETWORK®

CMEC continues to partner with AirMedCare Network to offer our members the opportunity to join for a discounted rate. AirMedCare Network makes it possible for people living in rural areas to get the life and limb saving emergency care they need, when they need it.

Joining is easy. A monthly fee of \$5 is added to your electric bill. Email us at info@cmeccoop.org or visit airmedcarenetwork.com for details.

**AMERICA'S LARGEST
AIR MEDICAL
MEMBERSHIP NETWORK**



320+
LOCATIONS

38
STATES



2020 Employee Service Awards



Brock Cook
Heather Hakman
David Shain



Carla Bradbury



Anita Hoene



Eric Starwalt



Jake Logue
David Welsh



Bill Arthur



Julie Butler
Bob Schafer

*We appreciate
all you do for our
members!*

How Can I Pay my Bill from Anywhere?



SmartHub:
Go to cmec.coop
to get started

Autopay:
Email us to sign up at
info@cmec.coop

Call toll-free:
888-661-2632, option #2

HELPFUL HINTS FOR

WORKING FROM HOME

TO HELP WITH WORK-LIFE BALANCE



CREATE A DEDICATED SPACE

Not everyone can do this, but it helps if you can have a separate space to keep your work area (and your workday mindset) separate from other areas of the home.

SET A SCHEDULE

Try to set a workday schedule and stick to it as much as possible so that work and home do not constantly intertwine.

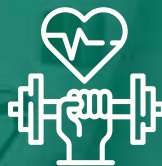


CREATE BOUNDARIES

Just as a workspace serves as a physical work boundary, try to set other at-work boundaries: discuss work hours, deadlines and interruption ground rules with others under your roof.

BE REALISTIC

Creating boundaries is more difficult with children and teens around. If you can, try to create a work schedule around their most demanding hours or juggle coverage with another adult.



TAKE A STAND

Researchers at Columbia University found that adults who sit for one to two hours at a time without moving have a higher risk of early death than those who get up more often. Aim to get up and move every 30 minutes.

TAKE BREAKS

Working nonstop might make you feel heroic, but it actually decreases productivity. Consider scheduling brief breaks and taking them – outdoors if possible.



Safe
Electricity.org



LOCAL *Places*



LOCAL *Faces*



Amazin Glazin
316 Richmond, Mattoon



What goes better with coffee than a home baked donut from Kiah White's kitchen. She started this business last year and has dreamed about it since she was a little girl. This started as a side gig and now she is baking goodness in the likes of Maple Bacon, French Toast, Cookie Monster and more. Message her on Facebook at Amazin Glazin Baked Donuts by: Kiah White or call 217-273-2491 to place an order.

The Butcher Shop
507 7th Street, Charleston

This quality meat shop opened by Ryan Strange in the heart of Charleston is open Mon-Sat 9 a.m. - 6 p.m. They are family owned with over 60-plus years of combined experience. Ryan opened the shop in 2019 and provides our community with quality meat as well as fresh fish, seafood, deli meats, cheeses and fresh baked bread.



We are helping support and kick-start small business comeback in our communities. Email info@cmec.coop if you have a business, product or service you provide.



WE'RE HERE TO HELP!

Payment Arrangements

Please contact us if you have a past due balance on your bill. We are here to help you. Arrangements can be made by emailing info@cmec.coop. Be sure to include your name, account number, the amount to be paid and the date you are requesting to pay it.

Monthly Board Meeting Minutes can be viewed on our website: cmec.coop